Lehi City Lehi City Lehi City Lehi City Lehi Ledger January 2014 www.Lehi-UT.gov

Mayor's Message

I hope the Christmas holiday was wonderful and that friends and family were able to gather together to enjoy good company and good food.

Now is the time for New Year's resolutions (and the feelings of guilt that come from not making or keeping last year's resolutions). For some, diets are

already a disaster and we have decided to just buy bigger clothes. If this sounds familiar, then I've got good news for you. Lehi City will be holding some special exercise programs for families or individuals to make working out less painful. "Get Fit Lehi" is a program for the entire family that offers the potential for

rewards as we all get healthier in Lehi. Check out our website for more information about how you and your family can get involved.

I also want to mention a little about snow removal. We have laws and ordinances that regulate street parking and snow removal for personal property. See page 2 for more details about our snow removal program. I don't want anyone to get a ticket for being uninformed or not obeying the ordinances.

Our trucks will move the snow in main traffic areas first and then move to the smaller streets. The

City will plow snow in all neighborhoods; however, in some areas it is impossible to get a truck in and nowhere for the snow to go. If you live on a narrow, one-way street, chances are your street won't get plowed.

After the streets have been plowed, the snow

removal crew will start to move snow on the parking strips along the road to the edge. We do this so that people can park and to clear a wider path for future snow storms. This will undoubtedly cause some pain because the snow may get back on your nicelyshoveled sidewalks. If this happens to you, please just clean the sidewalk

again. While you're at it, help a neighbor by clearing their sidewalk.

Snow plow drivers are often cussed for not moving enough or for moving too much snow. Let's all be grateful we have some snow to plow and hope that we have many more storms to get the moisture we need for next summer. Thanks for being kind to our City employees in all the departments as they work to keep us warm and safe through the winter months.

—Mayor Bert Wilson

Contact Lehi City

City Hall (801) 768-7100

Fire (801) 768-7130

Hutchings Museum (801) 768-7180

Legacy Center (801) 768 7124

• Library (801) 768-7150

Literacy Center (801) 407-1025

Police (801) 768-7110 • Pul

Public Works/Power (801) 768-4833

Senior Center (801) 768-7165

Streets (801) 768-7102

Water (801) 768-7102



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Follow us on Twitter at twitter.com/lehicity

New Utility Billing Direct Phone Number: (385) 201-1010

Library News & Events

Story Time

Ouch! Story Time is having growing pains! In order to limit the numbers and provide a higher quality, more enjoyable Story Time experience, we are requiring FREE monthly registration.



Please visit www.lehi-ut.gov/discover/library/events and click on the Story Time link for details. Also, look for registration information for *Mommy & Me*, *Fun Fives*, *Kid's Club*, *Think Tank*, *Great Reads*, *Boy's Only*, & *She's Crafty*. Thank you for your support!

Income Tax and Affordable Care Act Support

Wednesday, January 29, 2014

7-8 p.m.—Northeast corner of the library

Do you have questions about taxes or signing up for health insurance under the Affordable Care Act? Professionals from the Low Income Taxpayer Clinic in Provo will answer your tax questions and help you sign up for health insurance. Registration not required.

Seven Principles to Better Organization— The Simple Life

Thursday, January 30, 2014

7-8 p.m.—Northeast corner of the library

Do you want to organize your life to save time, money, and energy? Anyone can become better organized if they are given the tools and proven ideas. Susan Henshaw, a professional organizer, will share tips and suggestions to help organize your home, boost your productivity, bring order to cluttered spaces, and reduce stress. Get tips on organizing your kitchen, office, closets, garage, and more! Registration not required.

Library Closures

January 1, 2014: New Year's Day

January 20, 2014: Martin Luther King Day

January 25, 2014: Inventory

Have a Happy New Year in 2014.

Upcoming Events

- ◆ New Year's Day

 January 1—City Offices Closed
- ◆ City Council Work Session *January 7, 4 p.m., City Hall*
- ◆ City Council Meeting

 January 14, 7 p.m., City Hall
- ♦ Wellness Fair

 January 18, 10 a.m. to 2 p.m., Legacy Center
- ◆ Martin Luther King, Jr. Day January 20—City Offices Closed
- ◆ City Council Meeting January 28, 7 p.m., City Hall

Snow Removal

Lehi Public Works strives to ensure the safest possible conditions during and after a snowstorm. Here are some important things to remember during a storm:



- Parking on the street is prohibited during and for 24 hours after a snowstorm.
- Residents are responsible to clear sidewalks adjacent to their property.
- Shoveling, plowing, or blowing snow into the street when clearing driveways and sidewalks is prohibited by City ordinance.
- Clear snow around your mailbox.
- Keep fire hydrants clear and accessible.
- Remove trash cans promptly after pickup.

For information or FAQs on snow removal visit www.lehi-ut.gov/cityservices/streets and click on the Snow Removal Brochure.

Utility Bill Scam

Lehi City seems to be the target of a new scam. Lehi City *will not* call residents to ask for overdue utility payments. If you receive a call threatening to turn off your utilities if you don't pay an overdue balance, hang up and call the Utility Billing department at 385-201-1010.

Senior Volunteers



The Utah County Senior Grandparents and Senior Companion programs are looking for active seniors that want to give back. Senior Companions help the lives of adults who need extra assistance to live independently in their own homes or communities.

Foster Grandparents assist children in schools, daycare facilities, crisis nurseries and other places where they tutor and mentor children and individuals with special needs.

A small stipend is available for volunteers. For more information and to find out if you qualify, please call 801-851-7767 or visit

www.UtahCountyHealth.org/seniors.





Spamalot Auditions February 5th & 6th, 7pm

The Lehi Silver Band, directed by Matt Reynolds, rehearses Wednesday evenings at 7:00 pm at the Lehi Arts Center.

www.Facebook.com/Lehi.Silver.Band

Under the direction of Glenn Tenney and Sarah Ahlstrom, the **Lehi City Chorale** performs at city and community events. The Chorale meets on Tuesday evenings from 7:30 - 8:30 pm at the Lehi Arts Center. There are no auditions or fees required to participate. For questions, please email lehicitychorale@gmail.com.

www.Facebook.com/LehiChorale

Children's Workshops will begin Jan. 13th, Monday & Thursdays. A few spots are still available in Aladdin Kids .. see our website.

We are also looking for Workshops! Have a fun talent or skill? Want to teach others, especially kids? Lehi Arts is looking for ideas. Classes should be 10 sessions of one hour each (two days a week for five weeks). Cooking, arts, sewing, knitting, origami ... email us your idea and experience at LehiCityArts@hotmail.com

www.Facebook.com/LehiArts

Falls Prevention Class

"Stepping On" is a seven-week workshop that builds strength, balance and confidence in an effort to reduce the number of falls for a person 65 and older. Upcoming workshops begin:

- ◆ Jan. 7, 1 to 3 p.m. in American Fork Hospital
- ♦ Jan. 9, 10 a.m. to noon in Provo

Visit <u>www.UtahCountyHealth.org</u> or call 801-851-7095.

Living Well Class

This six-session course is tailored to individuals or those living with individuals who have a chronic condition, such as asthma, arthritis, fibromyalgia, cancer, heart disease, emphysema, depression or chronic pain. Sessions begin:

- ♦ Jan. 10, 11 a.m. to 1 p.m. in Provo
- ◆ Feb. 12, 10 a.m. to noon in American Fork Call 801-851-7082 for more information.

Get Fit Lehi



What's your New Year's Resolution?

If getting fit is one of your family's resolutions, let Lehi City help. Get Fit Lehi gives you and your family the opportunity to win prizes while you get in shape.

Work out, earn tickets, and get entered to win prizes. You can also earn bonus tickets for Iron Will events. The more you work out, the more tickets you get. It's just that easy.

Prizes include money towards your power bill, Legacy Center passes, movie gift certificates, Hutchings Museum passes, Thanksgiving Point passes, and more.

To sign up, visit <u>Lehi-ut.gov</u> and click on Discover → Get Fit Lehi.



Lehi Legacy Community Center

Legacy Center Wellness Fair

Saturday, January 18, 2014 10 a.m. to 2 p.m.

Come to the annual Health & Fitness Fair, featuring local, health-related vendors and information booths. Free services include hearing screenings, spinal checks, body fat tests, fitness assessments, and much more.

Legacy Center memberships will also be on sale. Stop by during fair hours and receive **20% off your annual membership**.

That's the biggest sale of the year!

For booth information call Tina Strong at 801-768-7124 or email at tstrong@lehi-ut.gov.

Monthly Membership	Resident	Non-Res.
Family/Group (6 people)	\$44	\$48
Additional Person	\$2.50	\$3
Adult Couple (18-59)	\$35	\$39
Adult Individual (18-59)	\$24	\$26
Youth Individual (12-17)	\$14	\$15
Child Individual (4-11)	\$11	\$12
Toddler (3 & under)	Free	Free
Senior Couple (60+)	\$25	\$26
Senior Individual (60+)	\$14	\$15

Two-month minimum and enrollment fee required. Automatic withdrawal available (checking account/credit card). Low enrollment fee (\$30/\$40)

Sports

Indoor Soccer: Register by January 30. Coed grades K-9. Games played weeknights and Saturdays in March. Fee: Res. \$34; Non-Res. \$40.

Spring Outdoor Soccer: Register by March 6. Boys & Girls grades K-12. Games played Saturdays in April -June. Fee: Res. \$34; Non-Res. \$40.

Youth Track and Field: Register by March 27. Boys & girls grades 2-4 (2013-2014 School Year). Two weeknight practices/intersquad meets per week April-May. Eight practices/intersquad meets, t-shirt, and participant certificate. Fee: Res. \$50; Non-Res. \$68.

Boys Baseball: Register by February 27. Boys grades 3-8 (2013-2014 School Year). Games played weeknights, April-July. Fee: Res. \$76; Non-Res. \$103.

<u>Girls Softball:</u> Register by February 27. Girls grades 3 -12 (2013-2014 School Year). Games played weeknights in April-July. Fee: Res. \$76; Non-Res. \$103.

Tee-Ball & Coach Pitch: Register by April 30. Coed grades K-1 (2013-2014 School Year). Games played weeknights and Saturdays in May-June. Fee: Res. \$34; Non-Res. \$38.

Machine Pitch: Registration by April 30. 2nd Grade (2013-2014 School Year). Games played weeknights and Saturdays in June-July. Fee: Res. \$45; Non-Res. \$51.

Visit www.lehi-ut.gov/legacy-center for more information about programs, registration and hours of operation.

Aquatics Center

Pool Schedule & Hours January 1 – May 31, 2014

Visit www.lehi-ut.gov/discover/legacy-center for leisure pool, lap pool and aerobics classes times. Membership is required for some classes.

Toys and Slide Hours: Monday-Friday @ 3 p.m.; Saturday and holidays @ 9 a.m. Available after 6 p.m. on swim-lesson days.

Member Only Hours: (5-8 a.m., 9-11 p.m.)
Conditioning only. No recreational swimming or water basketball. Lanes may be rented without notice.
Contact the head lifeguard or pool manager, not the front desk, if there are aquatics issues.

Pool Rentals: The leisure pool and half of the lap pool are available year round for private rentals.

Special Programs: Large group swim lesson programs, group rentals, and school water aerobics available Monday-Friday, 9 a.m. to 1 p.m. Adaptive Aquatics programs available by request.

Call 801-768-7124 x. 2316 for information about rentals and programs.

Fitness Etiquette

This time of year is about New Year Resolutions. As a result, we have seen an increase Legacy Center usage. It can be frustrating to have to alter your workout because of equipment being occupied. To help alleviate this problem, please abide by the posted rules and use proper etiquette while working out. Reracking and wiping down equipment will keep the equipment in good condition and help others find equipment easily. Leave the room in better condition than you found it.

Programs

Concealed Weapons Class January 25, 8 a.m. to 12 p.m. Must be at least 21 years to register for the class. Fee: \$60

Itty Bitty Ball Registration begins January 17. Children 3-4 years. Help your child learn basic skills for soccer, basketball, baseball, football and volleyball. Classes offered M/W/F or T/TH.

Martial Arts Monthly. Children and adults age 5 and

<u>Sign Language</u> Starts January 16. Beginning and intermediate classes available.

Parenting with Love and Logic Starts January 22, six-week course. Learn parenting skills helpful for raising your children.

Pre-school Monthly Registration. M/W/F from 9:30-11:30am (advanced) **OR** 1-3pm. T/TH from 9:30 11:30am **OR** 1-3pm. Monthly Fee: Two Days \$68 Res., \$77 Non-Res.; Three Days \$85 Res., \$97 Non-Res. (one time \$30 material fee)

<u>Scrapbooking Sleepover</u> February 21 & 22. Get caught up on your photos and hang out with friends.

<u>Babysitters Course</u> Classes offered in January, February, March, and April. Spaces are limited.

Hunter Safety Starts in February. Registration is now available. Spaces are limited.

Legacy Dance & Cheer Monthly class registration now available. Advanced combo and Boys Hip Hop classes for dance!

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